

Emotional Support Animal Letter PDF 2026 Template

DATE: [Current Date]

FROM: [Name of Mental Health Professional] [Title / Credentials, e.g., LCSW, Psychologist] [Clinic or Office Address] [Phone Number] [Email Address]

TO: [Landlord / Property Manager Name] [Housing Authority / Complex Name]

RE: Reasonable Accommodation for [Tenant/Patient Full Name]

To Whom It May Concern,

I am writing this letter to certify that **[Tenant/Patient Name]** is currently under my professional care. I am fully familiar with their medical history and the functional impairments associated with their condition. It is my professional medical opinion that **[Tenant/Patient Name]** has a disability as defined by the **Americans with Disabilities Act (ADA)**, the **Fair Housing Act (FHA)**, and the **Rehabilitation Act of 1973**.

As a direct result of this disability, the patient experiences significant limitations in major life activities, specifically regarding **[insert limitation, e.g., emotional regulation, coping with high-stress situations, social interaction, etc.]**.

To mitigate these symptoms and afford **[Tenant/Patient Name]** an equal opportunity to live independently and fully use and enjoy your housing facilities, I have prescribed an **Emotional Support Animal (ESA)**. This animal is necessary to assist the patient in managing their disability and is an essential part of their ongoing treatment plan.

I am available to verify the authenticity of this prescription should you require further confirmation. Please do not hesitate to contact my office at the number listed above.

Sincerely,

(Signature)

[Name of Professional] [License Number] [State of Licensure]

